

CoreAwareness™ with Liz Koch

Awaken Your Inner Wilderness ~ Be Moved From Within ~ And Dance

This workshop wakes up your Bio-intelligent Psoas core using non-linear, multi-dimensional, fluid movement and sound frequency and then takes this expression into relationship with others....through a combination of continuum, contact and tango...

Reach your full creative potential and Play the game that must be played
Be moved from within rather than controlled from without.

No experience necessary



Dancers and Every one else are welcome. No matter your skill level there is much to be gained by allowing the psoas freedom of expression. Details online

Wild Psoas in Motion
A Collaboration with
Adriana Pegorer

Stalking The Wild Psoas

Location: PHYNIXant, Hasenheide 54, 10967 Berlin Germany

Time: JULY 23-25, 2017 - Sunday, Monday, & Tuesday 9:30 am - 4:30 pm (9:30 - 16:30)

Price: EARLY BIRD \$522 USD (463 EUROS) Regular after June 15,2017 \$630 USD

Size: Maximum 24 participants

Contact Information: Adriana Pegorer

Register Online: www.coreawareness.com

Cancellation Policy: Final (please read online website under workshops & retreats)

WWW.COREAWARENESS.COM